

# VII. MIGHTYFIST EAGLES CUP INTERNATIONAL CHAMPIONSHIP

CHILDREN, CADETS, JUNIORS, SENIORS, ADVANCED SENIORS

2018

DESIGNATION: **VII. MIGHTYFIST EAGLES CUP INTERNATIONAL  
ITF TAEKWON-DO CHAMPIONSHIP**

ORGANIZERS: Hungarian ITF Taekwon-do Federation  
Sasok Sports Club  
Zen Power Taekwon-do Club

CHAIRMEN: Gábor Szalay VI. dan  
Csaba Békássy V. dan

UMPIRE COMMITTEE: Attila Gombos  
László Kozák  
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DATE: **22-23 September 2018**

LOCATION: Monor Városi Sportcsarnok (Sports Hall of Monor)  
2200 Monor, Balassi Bálint utca  
GPS: Sz. (LAT): 47.355665, H. (LON): 19.434865



Gábor Szalay  
VI. dan  
Sasok Sports Club



Csaba Békássy  
V. dan  
Zen Power Taekwon-do Club



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CATEGORIES: **Patterns** (Children / Cadets / Juniors / Seniors)  
**Sparring** (Children / Cadets / Juniors / Seniors / Advanced Seniors)  
**Special Techniques** (Juniors / Seniors / **Cadets NEW!**)  
**Power Breaking** (Juniors / Seniors / **Cadets NEW!**)  
**Pre-arranged Free Sparring** (Juniors / Seniors)  
**Team Patterns** (Juniors / Seniors)  
**Team Sparring** (Juniors / Seniors)  
**Team Special Techniques** (Juniors / Seniors)  
**Team Power Breaking** (Juniors / Seniors)

AGE DIVISIONS: **Children:** *Born in and after 2006*  
**Cadets:** *Born in years 2004 - 2006*  
**Juniors:** *Born in years 2000 - 2004*  
**Seniors:** *Born years 1982 - 2000*  
**Advanced Seniors:** *Born before 1982*

*Competitors born in a year between categories **have the right to compete in both age divisions, but they must pay double registration fee.***

*Advanced seniors (+36) are separated from seniors (18-36) in individual sparring ONLY. In any other competition category they compete with seniors.*

MINIMUM BELT LEVELS: **Individual:** **Children and Cadets:** *patterns - 9th gup  
sparring - 8th gup*  
**Juniors and Seniors:** *8th gup*  
**Team:** **Juniors and Seniors:** *8th gup*

ENTRY FEE: **Individual:** **Juniors, Seniors and advanced seniors**  
*25 EUR/competitor (incl. all individual categories)*  
**Children and Cadets**  
*20 EUR/competitor (incl. all individual categories)*  
**Team:** *30 EUR/team*

DEADLINES: **Pre-registration:** **16TH SEPTEMBER 2018. SUNDAY 24:00**  
**Modifications:** 19th September 2018 Wednesday 24:00

### ATTENTION!

Pre-registration must be completed by all clubs until the first deadline.  
 We can only accept modifications (injuries, illness, etc.) from these clubs ONLY.

After the modification deadline

**we can only make amendments for 10 EUR/modification!**





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**REGISTRATION WEBSITE:** **NEW! From this year on we will use online registration, which you will find on our website. Please follow our website and Facebook page for updates.**

**CONTACT E-MAIL ADDRESS:** [eaglescup.hungary@gmail.com](mailto:eaglescup.hungary@gmail.com)  
**WEBSITE:** <http://www.eaglescup.eu/>  
**FACEBOOK:** <https://www.facebook.com/events/1513982478637423/>

**TERMS AND CONDITIONS:** Age and belt restrictions according to the invitation  
Valid medical permission (youth divisions 6, seniors 12 months)  
Standard ITF dobok (colored fist ITF logo on the dobok is a must)  
Taekwon-do pass / ID card  
Registration sent in time  
Payment of the entry fee  
Insurance

**PROTEST:** In according to the rules of ITF. Protest fee: 30 EUR. Each protest must be written in the English or Hungarian language on the official protest form and presented to the Umpire Committee by the coach of the competitor only, within five (5) minutes from the end of the match. In case of positive decision, the protest fee will be paid back.

**WEIGHT CHECK:** In individual sparring categories all the competitors should compete in their own weight groups. Competing in other weight groups is not allowed.

**MERGING:** If we have only one competitor in a **sparring** category – according to the registrations – we merge this category with the next one. If the competitor and his/her coach refuse this option, the competitor will get his/her gold medal, but the result doesn't count in the final ranking of competitors and clubs.

**AWARDS:** Individual and team categories: gold, silver, two bronzes  
Best competitors (by individual points)  
Best club (by individual and team points)  
(Individual: gold 3 point, silver 2 point, bronze 1 point – when the category consists of minimum 4 competitors)  
(Team: gold 5 point, silver 4 point, bronze 3 point)

**REFEREES:** The referees of the Hungarian ITF Taekwon-do Federation and the referees of the registered teams. (Please, bring your referees – minimum one person per club.)

**AGE GROUPS:** In the categories of children the responsibility is fully on the coach of the children (When allowing too small or too young children to compete).





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**INSURANCE:** All the competitors have to have valid sport insurance. The responsibility is fully on the coach.

**ACCOMMODATION:** You have to find your accommodation – however we are ready to help you to find the best solution.

### **RULES OF THE ROUND-ROBIN SYSTEM**

The competitors of the categories (pattern, sparring) will be divided into groups of maximum 5 persons with seeded draw. In every group every competitor of the group should fight with every competitor. The **two** best competitors of the group will get into the pyramid system elimination round. The two bests from one group will be seeded to the opposite branch of the pyramid elimination table. The result of the pyramid system elimination will be the result of the category.

## INDIVIDUAL EVENTS

**Age divisions:** Competitors born in 1982, 2000, 2004, 2006 have the right to compete in both age divisions but they have to pay double registration fee. Advanced seniors (+36) are separated from seniors (18-36) in individual sparring ONLY. In any other competition category they compete with seniors.

### PATTERNS

- Children:** 3-2-1. gup,  
6-5-4. gup,  
9-8-7. gup
- Cadets:** *1. dan (Chon-Ji – Kwan-Gae - NEW!)*  
3-2-1. gup,  
6-5-4. gup,  
9-8-7. gup
- Juniors A:** 1. dan (Chon-Ji - Ge-Baek),  
II. dan (Chon-Ji - Juche)
- Juniors B:** 4. gup - 1. gup
- Juniors C:** 8. gup - 5. gup
- Seniors A:** 1. dan (Chon-Ji - Ge-Baek),  
II. dan (Chon-Ji - Juche),  
III. dan (Chon-Ji - Choi-Jong),  
IV.-VI. dan (Chon-Ji - Moong-Moo)
- Seniors B:** 4. gup - 1. gup
- Seniors C:** 8. gup - 5. gup





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The event takes place in a **round-robin** system, supported by a *seeded* draw. In the qualifying rounds all competitors must perform ONE designated pattern, in the finals the colored belt competitors perform ONE designated pattern, the black belts perform TWO designated patterns. **For colored belts the designated pattern cannot be higher than the pattern of the competitor's actual belt degree.**

## SPARRING

<b>Children girls (kg):</b>	-24, -30, -36, -42, -48, +48
<b>Children boys (kg):</b>	-30, -36, -42, -48, -54, +54
<b>Cadet girls (kg):</b>	-30, -36, -42, -48, -54, +54
<b>Cadet boys (kg):</b>	-36, -42, -48, -54, -60, +60
<b>Junior females (kg):</b>	-45, -50, -55, -60, -65, +65
<b>Junior males (kg):</b>	-50, -56, -62, -68, -75, +75
<b>Senior females (kg):</b>	-50, -56, -62, -68, -75, +75
<b>Senior males (kg):</b>	-57, -63, -70, -78, -85, +85
<b>Advanced senior females (kg):</b>	-55, +55
<b>Advanced senior males (kg):</b>	-68, -78, +78

The event takes place in a round-robin system, supported by a seeded draw (ITF Light contact system).

Sparring time: **Children and cadets:** 1x1.5 minutes

**Juniors and seniors:** 1x2 minutes.

All competitors are required to wear protective equipment that complies with the ITF rules. In order to make the scoring clear, the **head guards must be RED or BLUE** in according to the draws (The first name in the bout is RED, the second is the BLUE). In case of gloves and boots, the red and blue set is recommended, but not obligatory.

There is no differentiation between grades within the categories.

## PRE-ARRANGED FREE SPARRING

**Junior and senior category.**

The competing pairs can be made up by two females, two males or one female and one male participant. There are two rounds in this event. The first round is the group stage. The four pairs with the highest score qualify for the knockout stage (the finals), where the pair with the highest score will compete with the pair with the 3rd highest score and the pair with the 2nd highest score will compete with the pair with the 4th highest score. The order is being decided by a draw. The performance should be at least 60 seconds long, but it is not allowed to exceed 75





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seconds.

## SPECIAL TECHNIQUES

*Attention! The new rules of the last year are still in effect this year! Please read carefully!*

Every competitor could choose the height level for every technique – above the minimum requirements (see the table below). You can choose in 5 cm steps above the minimum heights. E.g.: Senior male nopi chagi – minimum height level: 240 cm. The height chosen by the competitor: 265 cm. In case of a successful technique he will get **265** point. In case of unsuccessful technique, he gets **ZERO (0)** points. In case of half success (normally 1 point break), the points will be deducted by 20 points, he will get  $265-20=245$  points. In the event of a tie the Jury President will select one technique from the list by drawing to be the tiebreaker. The heights will be decided based on the international (ITF levels). Tiebreaking will continue based on ITF tiebreaking rules.

**ATTENTION! There are 5 techniques in the junior and senior female categories also!**

The heights of the machines should be set up by the referees and their staff members in 5 cm steps. Every competitor from the age group should be there in time when called. In according to the competition schedule, it is not possible to have another category of the same age group in the same time. If the competitor is not there when called, he/she will get ZERO point to the technique after 1-minute waiting time. Except for competitors competing in two age categories, but they should not be in delay for unnecessarily long time.

Techniques will be performed with a breaking frame unit. After performing the five techniques, the final score will be obtained by adding up the points gained for each technique.

### Minimum height levels

	Twimyo nopi ap cha busigi	Twimyo dollyo chagi	Twimyo bandae dollyo chagi	Twio dolmyo yop cha jirugi	Twimyo nopi yop cha jirugi
Junior female	170	150	140	130	70
Junior male	200	180	170	160	90
Senior female	180	160	150	140	80
Senior male	210	190	180	170	100

**NEW! CADET:** Only one special technique for cadets: Twimyo nopi chagi.

The technique should be executed for one target hanging down. The competitors should execute the technique one by one. After 5cm rise of the target height, the technique should be executed again,





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until only one competitor left.

### **POWER BREAKING – NEW RULES!**

Power breaking is for juniors and seniors only. Every competitor should choose the starting amount of the breaking boards for each technique. Breaking boards have two types: WHITE (3 points, half-broken 2 points) – HALF BLACK board (2 points, half-broken 1 point). The WHITE boards can be selected in any amount, HALF BLACK boards can be chosen only once per technique.

E.g.: Female ap palkup taerigi. The competitor's chosen number of boards is one white and one half black board. Upon successful breaking the competitor gets 3 (broken white) + 2 (broken half black) = 5 points. For an unsuccessful, invalid attempt the competitor gets 0 points. For not complete success, e.g. the white board is not completely broken, but the half black is broken, the competitor gets 2 (half-broken white) + 2 (broken half black) = 4 points. In the event of a tie the Jury President will select one technique from the list by drawing to be the tiebreaker. The number of boards will be decided based on the international (ITF) rules. Tiebreaking will continue based on ITF tiebreaking rules.

**MALE: 1. Ap Joomuk jirugi 2. Songkal taerigi 3. Yop chagi 4. Dollyo chagi 5. Bandoe dollyo chagi**

**FEMALE: 1. Ap palkup taerigi 2. Songkal taerigi 3. Yop chagi 4. Dollyo chagi 5. Bandoe dollyo chagi**

Techniques will be performed with a breaking frame unit. After performing the five techniques, the final score will be obtained by adding up the points gained for each technique.

**NEW! Cadets will have a chance to compete in a power measurement category for hand techniques.**

**In this category, cadet competitors can use Songkal or Yop choomok taerigi to hit the power cell target. After performing the hand technique, the power level of the strike will be displayed. The competitors can hit the target three (3) times. The power level of the 3 hits will be summarized. The competitor with the highest score will be the winner.**





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## TEAM EVENTS

Age divisions: Competitors born in 2000 have the right to compete in both (junior and senior) age divisions but cadets are not allowed to compete in junior teams!  
It is allowed to enter more than one team per club.

### TEAM PATTERNS

**Minimum grade:** 8. gup

Number of competitors in a team:

**Junior female:** 3-5 people  
**Junior male:** 3-5 people  
**Senior female:** 3-5 people  
**Senior male:** 3-5 people

Optional pattern:

**Juniors:** optional from any of the 24 patterns of ITF Taekwon-do  
**Seniors:** optional from any of the 24 patterns of ITF Taekwon-do

There are two rounds in this event. The first round is the group stage, where teams perform one optional pattern. The four teams with the highest score qualify for the knockout stage (the finals). The team with the highest score will be up against the team with the 3rd highest score and the team with the 2nd highest score will be up against the team with the 4th highest score. In the finals the teams only perform one optional pattern. ***The optional pattern can be any of the 24 patterns of ITF Taekwon-do and this is not depending by the grade of the members in the team.***

### TEAM SPARRING

**Minimum grade:** 8. gup

Number of competitors in a team:

**Junior female:** 3-5 people  
**Junior male:** 3-5 people  
**Senior female:** 3-5 people  
**Senior male:** 3-5 people

Knockout system is applied during this event, supported by a draw. The ITF Light contact system will be used. Sparring time is 2 minutes per match. All competitors are required to wear protective equipment that complies with the ITF rules. For every round won the team shall get two (2) points,





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the draw is one (1) point ('old' team sparring rules). If a team has 3 competitors and the other team has 5 competitors, then the team of 3 has two "lost" fights, and so 4 points goes to the other team with the 5 competitors.

### TEAM SPECIAL TECHNIQUES

*Attention! The new rules of the last year are still in effect this year! Please read carefully!*

Every team could choose the height level for every technique – above the minimum requirements (see the table below). You can choose in 5 cm steps above the minimum heights.

E.g.: Senior male nopi chagi – minimum height level: 240 cm. The height chosen by the team: 265 cm. In case of a successful technique they get 265 point. In case of unsuccessful technique, they get ZERO (0) points. In case of half success (normally 1 point break), they get  $265-20=245$  points. In the event of a tie the Jury President will select one technique from the list by drawing to be the tiebreaker. The heights will be decided based on the international (ITF levels). Tiebreaking will continue based on ITF tiebreaking rules.

#### Minimum height levels

	Twimyo nopi ap cha busigi	Twimyo dollyo chagi	Twimyo bandae dollyo chagi	Twio dolmyo yop cha jirugi	Twimyo nopi yop cha jirugi
Junior female	170	150	140	130	70
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Techniques will be performed with a breaking frame unit. After performing five techniques, the final score will be obtained by adding up the points gained for each technique.





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E.g.: Female ap palkup taerigi. The competitor's chosen number of boards is one white and one half black board. Upon successful breaking the competitor gets 3 (broken white) + 2 (broken half black) = 5 points. For an unsuccessful, invalid attempt the competitor gets 0 points. For not complete success, e.g. the white board is not completely broken, but the half black is broken, the competitor gets 2 (half-broken white) + 2 (broken half black) = 4 points. In the main round the techniques should be performed by different members of the team, but in tiebreaking in each round any selected competitor might perform the chosen technique.

In the event of a tie the Jury President will select one technique from the list by drawing to be the tiebreaker. The number of boards will be decided based on the international (ITF) rules. Tiebreaking will continue based on ITF tiebreaking rules.

**MALE: 1. Ap Joomuk jirugi 2. Songkal taerigi 3. Yop cha jirugi 4. Dollyo chagi 5. Bandoe dollyo chagi**

**FEMALE: 1. Ap palkup taerigi 2. Songkal taerigi 3. Yop cha chirugi 4. Dollyo chagi 5. Bandoe dollyo chagi**

Techniques will be performed on a breaking frame unit. After performing the five techniques, the final score will be obtained by adding up the points gained for each technique.





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**SCHEDULE (PLANNED)**

**21 September 2018 Friday**

17:30 – 20:30

Registration, weight in for clubs from abroad and from around Budapest.

Location: **SASOK SPORTCENTRUM (ONLY on FRIDAY!)**

Address: 1101 Budapest, Hungária körút 5-7.

**22 September 2018 Saturday**

FIRST DAY – EVERY AGE GROUPS

07:00 registration, weight in

09:00 coach and umpire meeting

09:30 opening ceremony

10:00 patterns qualifying rounds and finals

pre-arranged free sparring (juniors and seniors)

team patterns

sparring qualifying rounds and finals

19:00 awarding ceremony

(during the whole day: individual and team special technique and power events)

**23 September 2018 Sunday**

SECOND DAY – JUNIORS AND SENIORS

08:30 coach and umpire meeting

09:00 sparring qualifying rounds and finals

team sparring

18:00 awarding ceremony

(during the whole day: team special technique and power events)

WISHING ALL THE COMPETITORS AND THE COACHES  
SUCCESSFUL PREPARATION FOR THE EVENT!

*Sasok Sports Club and Zen Power Taekwon-do Club*

